COVA CARE MONTHLY PREMIUMS -- (Effective July 1, 2003 - June 30, 2004)

	One Person	Two Persons	Three Or More
COVA Care Health Plan Basic Plan — No Options	\$292	\$541	\$789

Additional Coverage Options

You may elect additional coverage. You pay your basic COVA Care premium *plus* the additional premium shown below. Select *one* from Options A through E.

	One Person	Two Persons	Three Or More
A Out-of-Network	\$7	\$9	\$11
B Expanded Dental	\$9	\$17	\$26
C Vision, Hearing and Expanded Dental	\$15	\$28	\$40
D Out-of-Network and Expanded Dental	\$16	\$26	\$37
E Out-of-Network and Vision, Hearing and Expanded Dental	\$22	\$37	\$51

KAISER PERMANENTE MONTHLY PREMIUMS - Northern Virginia Only (Effective July 1, 2003 - June 30, 2004)

	One Person	Two Persons	Three Or More
Kaiser Permanente HMO	\$291	\$538	\$786

